



W E D N E S D A Y

22.06

**16:00-19:00** Festival Check-In at  
Zentrale

**17:00-19:30** Civil Society Cluster  
Welcome Dinner  
Koresova street 7

**20:00-1:00** Opening Night  
MC Pekarna

T H U R S D A Y

23.06

**9:00-10:00** Community Breakfast  
Zentrale

**9:00-20:00** Open Community Café  
Zentrale

**10:00-11:30** MitOst Mosaic - Inquiry  
Session  
Zentrale

**12:00-13:30** Panel Discussion: Russian  
Invasion to Ukraine - Beyond  
News  
Zentrale

**12:00-13:30** More Inclusive European  
Citizenship Beyond the EU  
Center for Creativity

**12:00-13:30** Intuitive Writing Workshop  
Photo Room

**13:30-15:30** Community Lunch  
Zentrale

**15:30-17:00** Panel Discussion: Resistance  
of Art and Culture during War  
Zentrale

**15:30-17:00** Civic Europe - Civic  
Cohesion Workshop  
Center for Creativity

**15:30-17:00** How to Foster a Culture of Self-  
Care in my Organization?  
Photo Room

**16:00-19:00** Active Citizenship Theatre  
Workshop  
Green Courtyard

**17:00-19:00** Co-Natural Construction  
Workshop  
Krekova street 4

**17:30-19:00** Sociopoly - Dealing with  
Reality!  
Zentrale

**17:30-19:00** Printing Shop Open: Go  
and Print Your Bag  
GT 22

**17:30-19:00** Exploring different Aspects of  
Chinese Culture and Current  
Protest Movements  
Museum Courtyard

**17:30-19:00** How can Digital Tools make  
Civic Action more Resilient and  
Sustainable?  
Piano Room

**17:30-19:00** Why Civic Engagement? And  
Why Now more than Ever?  
Center for Creativity

**17:30-18:30** City Walk with Filantropija -  
Meet Slovenias NGOs  
Zentrale

**20:00-21:30** The Fringe - Exhibition  
Opening  
Gosposka street 11

**21:00-23:00** Engaged Citizens of the  
World Introduce Themselves -  
the Mixer Party with Hiša!,  
MitOst, Civic Europe and  
Local Creatives  
Museum of National Liberation

F R I D A Y

24.06

**9:00-20:00** Open Community Café  
Zentrale

**10:00-11:30** Panel Discussion: How Existential  
Crisis' like the COVID-19-Pandemic  
and the Russian Invasion in Ukraine  
are Changing the Funding  
Strategies?  
Zentrale

**10:00-11:30** Pop up session  
Photo Room

**10:00-11:30** Impact of Social Communication  
on Risk Perception and Resilience  
Cloud Room

**10:00-11:30** Migration & Empowerment:  
Innovation in Migration Policy  
Center for Creativity

**10:00-11:30** The Rights of Invasive Plants;  
Biodiversity Of The Courtyards  
Museum of National Liberation

**12:00-13:30** Bosch Alumni Network and me  
Zentrale

**12:00-13:30** Tie-dye  
Zentrale

**12:00-13:30** Smooth Leadership Transitions  
- A Toolbox Prototyping Session  
Piano Room

**12:00-13:30** Change your Story, Change your  
Job - Three Steps Closer to your  
Dream Career  
Cloud Room

**12:00-13:30** RAW: Relief Acting Workshop  
Photo Room

**12:00-13:30** Humans of MitOst: Stories of  
Resilience in Times of Uncertainty  
Center for Creativity

**13:30-15:30** Community Lunch  
Zentrale

**15:30-17:00** Printing Shop Open: Go  
and Print Your Bag  
GT 22

**15:30-17:00** Let's Stay in Touch, Central  
Europe - Postcards from Maribor  
Zentrale

**15:30-17:00** 20 Lessons from the Past for  
Today - How to Resist Modern-  
Day Authoritarianism  
Photo Room

**15:30-17:00** Radical Presence: Navigating  
Stress Responses in Social  
Transformation  
Center for Creativity

**15:30-17:00** City Walk with IMZ - Meet  
Slovenias NGOs  
Zentrale

**17:30-19:00** MitOst Mosaic - Harvesting  
Session  
Zentrale

**19:00-21:00** Reconnect with  
THK Community  
Gledališka Kavarna

**19:00-20:00** Lektorenprogramm  
Community Meeting  
Zentrale

**19:00-20:00** Museum For Peace Workshop  
Muzeum of National Liberation

**20:00-21:00** Designer Clothing  
Exchange By Miricota  
Tyrševa 12

**20:00-21:00** Tombola  
Astoria Cafe

**21:00-00:00** Relaxed Evening Together  
Astoria Cafe

S A T U R D A Y

25.06

**9:00-20:00** Open Community Café  
Krekova street 4

**10:00-12:00** Space - Body - Breath -  
Voice Workshop  
Zentrale

**10:00-12:00** Football Tournament  
Hotel Tabor

**12:00-13:30** Gelli Printing  
Zentrale

**12:00-13:30** Diving into the Needs of our  
Communities in a Chaotic  
World  
Center for Creativity

**12:00-15:00** (Re-) organizing the THK  
Community  
Photo Room

**13:30-15:30** Community Lunch  
Zentrale

**15:30-17:00** Linocut Printing  
Zentrale

**15:30-17:00** Treasure Hunt - Diversity  
Zentrale

**15:30-17:00** Civil Society Cluster  
Outlook into the Future  
Piano Room

**15:30-17:00** Printing Shop Open:  
Go and Print Your Bag  
Photo Room

**18:00-19:00** How The String Saved  
The World - Theatre for  
Children  
Tyrševa street 12

**17:30-18:30** City Walks with Pekarna  
- Meet Slovenias NGOs  
Zentrale

**20:00-21:00** Urkška Gajšt and Igor Beget,  
Concert  
Gosposka street 11

**20:00-21:00** Courtyard Rock'n'Roll -  
Ukulele Concert  
Krekova street 4

**21:00-23:00** Piramida Sunset Walk  
Zentrale

S U N D A Y

26.06

**9:00-10:00** Community Breakfast  
Zentrale

**10:00-12:00** Open Community Café  
& Departures  
Zentrale

- Get connected!
- Living Courtyards (organized by our partners hiša!)
- Network-led Activities
- Community Meetings
- Festival Staples
- Network (Re)connecting Sessions



Get the MitOst  
Festival app and  
stay updated!



# 20th MitOst Festival Detailed Program

**Wednesday, June 22**

**Get Connected!**

## **Festival Check-in**

16:00 – 19:00

Festival Zentrale

Upon your arrival in Maribor, please make sure to check-in to the Festival at the Info Desk in the Festival Zentrale. At the check-in, you will get your Festival wristband and a small surprise!

**Community Meeting**

## **Civil Society Cluster Welcome Dinner**

17:00 – 19:00

Koresova street 7

Civil Society Cluster of Bosch Alumni Network members, participating in the Cluster Gathering are invited to join the welcome dinner on Wednesday, to (re)connect, meet other Cluster members and start the Gathering together. It will be a chance to set our intentions for the meeting and find out more about Bosch Alumni Network and Civil Society Cluster. Please note that if you haven't received an invitation to the Gathering opening but you would like to attend, you should contact [Marta](#) for further steps.

**Get Connected!**

## **Opening Night**

20:00 – 01:00

MC Pekarna

For the beginning of the 20th International MitOst Festival, we warmly invite you to the Festival Opening Night to enjoy an evening full of the joy of connection and re-connection. Dive into the unique atmosphere of summerly Maribor while our great performers make this night special with their live music. The ceremony will start in the front yard in front of MC Pekarna. After the official welcoming, there will be a concert from the Berlin-based music duet Ganna Gryniva & Tal Arditi. Enjoy their unique sounds of jazz mixed with Ukrainian folklore, and classical and experimental music.

The last part of the event will take place inside MC Pekarna to properly celebrate the opening of the MitOst Festival. For that, another live music act, DJ Rasha, will heat up the place. She will play different music genres ranging from House to Pop, R'n'B and Dancehall.



## Thursday, June 23

Get Connected!

### Community Breakfast

09:00 – 10:00

Festival Zentrale

The Community Breakfast serves as an informal space to gather in the mornings and to start the Festival days together. Here, you can exchange over the following days, have a relaxed talk while enjoying breakfast and connect and re-connect with the MitOst Community.

Get Connected!

### Open Community Café

09:00 – 20:00

Festival Zentrale

The Festival Zentrale marks the heart of the MitOst Festival and serves as a space for (re-)connection and creativity. The Open Community Café will take place from Thursday to Saturday from 9:00 – 20:00 in the Zentrale and is thought to be an informal gathering space. Here, you can connect in an open setting with other participants and shape the space with your creative imagination. At the Festival Zentrale, you will have the chance to get to know other MitOst Festival participants and exchange your ideas. You can use the Open Community Café as you like: have a coffee at the Café, get creative at the craft station or leave your mark on the Community Mural.

### Network (Re)connecting Sessions

#### MitOst Mosaic

10:00 – 11:30

Festival Zentrale

Andreas Knoth, Linnéa Mühlenkamp, Rasha Shaaban

**The MitOst Mosaic is the opening event of the Festival.** Here, people can gather, (re-)connect and dive into the topics related to this year's festival edition. As the Mosaic marks the starting point of the Festival, we encourage you to be present and to connect with the MitOst Community in this setting.

The Mosaic is a space for co-creation and inquiry on resilience and thriving in and around the MitOst Community. Participants can elaborate, discuss and develop questions regarding the Festival theme and bring them to a wall. Until Friday, June 24, you can collect your questions and bring them to the Mosaic wall.

## Network-led Activities

### **Panel Discussion: Russian Invasion to Ukraine – Beyond News**

12:00 – 13:30

Festival Zentrale

Annegret Wulff & Alona Karavai

MitOst community has been shaken by the Russian invasion of Ukraine and open, non-provoked war in the centre of Europe (as well as in one of the centres of the MitOst community). MitOst has reacted by fast creating the Ukraine Solidarity Fund, many MitOst members joined the effort to help in various roles and various countries.

What's happening in Ukraine now – beyond news, in the working everyday life of MitOst members being based in Ukraine working from inside? What's happening around Ukraine now – beyond news, in the MitOst-related communities from various countries helping from outside? Which solutions seem to be effective, which projects have been already launched in the MitOst network and which are about to come? Join our interactive session in order to get to know a few answers to these questions - in a horizontal way, in smaller groups and in direct conversation. We'll facilitate the space so that catch up on as much info as possible.

## Network-led Activities

### **Intuitive Writing Workshop**

12:00 – 13:30

Photo Room

Frank Weiße-Bartos

This Workshop is about the examination of methods of intuitive writing, explanations of writing techniques and a Workshop with practical exercises. Questions that we consciously ask ourselves, but also those that lie dormant within us, can thus receive a literary answer. Possibility of a public reading. The participants write in their mother tongue. It is about the writing process, not about text corrections. Suitable for the curious!

## Network-led Activities

### **More Inclusive European Citizenship Beyond the EU**

12:00 – 13:30

Center for Creativity

Catriona Mair & Tony Venables

ECIT Foundation (on European Citizens' Rights, Involvement and Trust) was established as a public foundation in June 2015. In the world of European think-tanks, it fills a gap being the only one to concentrate solely on European citizenship. ECIT is becoming a resource of know-how, research, and contacts and one of support for civil society organisations, academics, and policymakers when they work on this theme. Since the ECIT Foundation was

founded in 2015, the question of whether the status of EU citizens should be limited to nationals of member states has been constantly on the agenda. This is not a new issue.

This workshop comes at a time when European Citizenship is being subject to expansion from Ukraine, Moldova and Georgia. The illegal invasion of Ukraine by the Russian State has revealed there is this sense of common citizenship and shared values across the continent in the population more generally. ECIT's interactive workshop will be split into three parts. The first part will be a Question time where the audience will be asked questions related to EU Citizenship. The second part will then be an answer time from ECIT Foundation. It will be then when the question of can we imagine a more inclusive EU citizenship will be discussed. This will also be an opportunity to present ECIT's work on European Citizenship, most notably ECIT's Statute on European Citizenship. Lastly, there will be a declaration on the expansion of EU Citizenship with a keynote speech by an expert on EU citizenship.

**Get Connected!**

### **Community Lunch**

13:30 – 15:30

Festival Zentrale

During the Community Lunch, you have the chance to gather in an informal setting. Exchange the impressions you gained about the Festival and the Workshops you experienced while enjoying a delicious meal. Here, you can recharge your battery for the upcoming program points of the day and get excited for the program points that are about to happen next.

**Network-led Activities**

### **Panel Discussion: Resistance of Art and Culture during War**

15:30 – 17:00

Festival Zentrale

Alina Zevakova

During the war, you ask yourself many questions you have never asked yourself before. After the basic survival ones, comes the broader perspective. Particularly, what is the value of art and culture when your city is being bombed, when there is no certainty in anything when everything seems not to matter anymore? The experience of a theatre community in Kyiv that became a bomb shelter on the 24th of February, but continued productions of performances even in these circumstances.

## Network-led Activities

### **Civic Europe – Civic Cohesion Workshop**

15:30 – 17:00

Center for Creativity

Sophie Pornschlegel & Louisa Slavkova

**Participation is limited in numbers! If you are interested to take part, please contact Monika Nikzentaitis-Stobbe in advance via Telegram or Whatsapp: +4915735356462.**

From civic cohesion to European cohesion: the importance of strengthening engagement on the local level in Europe.

Peripheral areas are neglected for various reasons. They are often depopulated, badly connected in terms of infrastructure, and with high levels of unemployment. But even central localities in Europe often exhibit characteristics of peripheries, especially in countries with high levels of centralization.

Such areas, however, can also be attractive, as life there is less hectic and closer to nature. But civic life and the civic competencies of the local population in peripheries result in susceptibilities to populist ideas, conspiracies and civic apathy. Comparative mapping of four so-called ‘civic desert’ regions in Europe – areas perceived as offering few to no opportunities to actively participate in and learn about civic life, offers an understanding of what the needs, but also assets, of such areas are.

In order to address them, we coined the term civic cohesion. It is defined by citizens having plentiful opportunities, the ability, and the motivation to actively participate in the civic life of a democratic community. But civic cohesion certainly needs a sharper definition. In addition, we propose integrating the notion of civic cohesion into the EU’s overall approach to cohesion so that it addresses not only questions of physical infrastructure and economy but also those of civic infrastructure and literacy in peripheries.

With this in mind, the Sofia Platform Foundation and Connecting Europe (European Policy Centre) would like to invite you to a brainstorming session at the MitOst Festival in Maribor, Slovenia, evolving around the following key questions:

- How can we sharpen the definition of civic cohesion, especially if it were to be adopted in an EU policy and funding instrument? What distinguishes civic cohesion from social cohesion?
- Which EU policies and instruments are best suited to tackle low civic cohesion in Europe? Which actors in the EU MS are best suited to work on improving civic cohesion?
- What type of data do we need on a local and European level in order to inform activities and policies aiming to improve civic cohesion?

## Network-led Activities

### **How to Foster a Culture of Self-Care in my Organization?**

15:30 – 17:00

Photography Room

Salome Ast

We'll brainstorm together, share experiences and advise each other on individual self-care practices and on how to foster a healthy and supportive work culture and environment for all - which might be especially challenging when you're very committed to a cause. You are welcome to join regardless of your role or the type and size of the organization you work in.

## Network-led Activities

### **Active Citizen Theatre Workshop**

16:00 – 19:00

Green Courtyard

Nina Vombergar & Grega Močivnik

The 3-hour workshop presents exercises and games based on interactive physical theatre and deals with the topic of active citizenship, more specifically the ways in which an individual participates in a group, community, country and society. Practical possibilities will be presented to use interactive theatre methods to promote active participation at the micro (individual – group) and macro (individual – community, country, society) levels.

The aim of the workshop is to familiarize and adopt interactive theatrical methods to obtain the best of public speaking, encourage communication and empathy, and promote active and responsible action in the community. Interactive theatrical methods, which participants will be able to further use in their work with different target groups, encourage constructive and creative inclusion in community, social and political life.

## Living Courtyards

### **Co-Natural Construction Workshop**

17:00 – 19:00

Krekova ulica 4

At the workshop on natural construction, the architect Robert Veselko will introduce us to the principles of construction, which eavesdropping on nature and learning from it. Not only for us humans but also for others. In the practical part of the workshop, we will design a small building made of clay and straw, which will become home to the insects of this Maribor courtyard. You are invited; both human and non-human species!

## Network-led Activities

### **Why Civic Engagement? And Why Now more than Ever?**

17:30 – 19:00

Piano Room

Antonia Nechita & Mădălina Ene

The session challenges the creativity of participants, proposing they film short videos/messages that foster the importance of civic engagement, especially during these turbulent/emotional/dividable times.

In this workshop, we will challenge the participants to demonstrate their talents as screenwriters, stage directors and actors while bringing to the spotlight the main theme, civic engagement. Participants will be divided into groups and, with one hour available, will film a short creative video (2-minute video) that fosters the importance of civic engagement. In the end, we will watch the 2-minutes videos and use the material to discuss why civic engagement is so valuable, especially during these turbulent, emotional and dividable times.

## Network-led Activities

### **Sociopoly – Dealing with Reality!**

17:30 – 19:00

Festival Zentrale

Áron Csere, Ágnes Tóth, Zsuzsa Béres-Áfra, Melitta Szarka

In this game, anyone can try out what income from benefits, family allowances, childcare allowance, and casual work is worth. The game moves through the days of an average month - speeding up the time a little, using dice rolls - and players have to survive the month on the income of those permanently out of work (the amounts of income and expenditure are roughly equivalent to current Hungarian reality).

## Network-led Activities

### **Exploring different aspects of Chinese Culture and Current Protest Movements**

17:30 – 19:00

Museum Courtyard

Lei Wang & Frane Schmidt

The workshop will introduce different aspects of Chinese culture in a fun environment with practical methods. We will also have a look at local artists and modern protest culture in a station-based workshop setting. The goal is to show a not-as-often seen side of China and to engage in group discussions.



## Network-led Activities

### **City Walk with Filantropija – Meet Slovenias NGOs**

17:30 – 18:30

Meeting Point: Festival Zentrale

In the City Walks, engaged Slovenian NGOs will show you around the city of Maribor, present their projects and tell you about their fields of activity. In those walks, you have the chance to connect to international networks, elaborate questions and get insights into their work.

## Network-led Activities

### **How can Digital Tools make Civic Action more Resilient and Sustainable?**

17:30 – 19:00

Center for Creativity

Sara Dutch

Civic initiatives in Europe need more connection in face of war and the demise of democracy to sustain their activities.

Together, we will discuss how the use of digital tools such as social media and digital platforms enhances but also impedes civic activism, and share examples of best and worst practices. Thus, we will try to formulate some ideas on how connectedness and online sharing of best practices can contribute to making civic action more sustainable and activists more resilient through community and what digital tools are best used to what end.

## Get Connected!

### **Printing Shop Open: Go and print your bag!**

17:30 – 19:00

Printmaking Arts Centre

In the Printmaking Arts Centre, you have the chance to get creative. Create your own sustainable bag while using a crafty printing machine. Take the bag back home with you as a beautiful souvenir from the MitOst Festival.

## Living Courtyards

### **The Fringe: Opening Exhibition**

20:00 – 21:00

Gosposka ulica 11

In numerous photographic projects in recent years, she examined the interaction and interdependence of premises and people. Cities are infiltrated by different meanings and characters. Their recognition and reading draw narratives about times and people, about systems and countries. About us before and after.

The photographic exhibition will be open in 3 courtyards for the duration of the Living Courtyards each day from 10.00 - 16.00.

### Network-led Activities

#### **Engaged Citizens of the World Introduce Themselves - The Mixer Party**

Museum of National Liberation

21:00 – 23:00

We encourage you to meet engaged citizens of the world from various backgrounds in the Mixer Party with hiša!, MitOst, Civic Europe and local creatives.

Maribor hosts more than 200 engaged individuals from all over the world who work in culture, environmental protection, urbanism, pedagogical fields, public administration, politics, and so forth. In the Museum Courtyard, you will be able to listen to interesting presentations on the work and challenges of international networks and of engaged citizens of Maribor. After the presentation, there will be space for socializing and mingling. **If you need inspiration for your work or your local environment – you are warmly invited.**



## Friday, June 24

Get Connected!

Open Community Café  
09:00 – 20:00  
Festival Zentrale

The Festival Zentrale marks the heart of the MitOst Festival and serves as a space for (re-)connection and creativity. The Open Community Café will take place **from Thursday to Saturday from 9:00 – 20:00** in the Zentrale and is thought to be an informal gathering space. Here, you can connect in an open setting with other participants and shape the space with your creative imagination. At the Festival Zentrale, you will have the chance to get to know other MitOst Festival participants and exchange your ideas. You can use the Open Community Café as you like: have a coffee at the Café, get creative at the craft station or leave your mark on the Community Mural.

### Network-led Activities

#### **Panel Discussion: How Existential Crisis' like the COVID-19-Pandemic and the Russian Invasion in Ukraine are Changing the Funding Strategies?**

10:00 – 11:30

Festival Zentrale

Annegret Wulff, Markus Lux, Sophie Pornschlegel, Louisa Slavkova, Jochen Butt-Pošník, Alona Karavai

For nearly 2 and a half years the COVID-19 pandemic goes in waves around the globe and makes every long-term planning of activities a threat, but also opened new opportunities in the form of online meetings making events much more inclusive, ecological and also efficient?

On the 24th of February 2022, the war on Ukraine started and lead to a turn of an era. What impact does this system-changing crisis have on civil society? How did the field change? Which actors did emerge or change their roles? Which activities are needed now and in the upcoming years?

We would like to discuss this with our panellists and the audience together.

## Network-led Activities

### Impact of Social Communication on Risk Perception and Resilience

10:00 – 11:30

Cloud Room

Ara Nazinyan

Personal experience, social communication, and cultural traditions as underlying factors for perception are essential for developing resilience and risk management strategies. Participants of the workshop will start the session with a dynamic game to explore how media and social networks create a perception of reality. Then, the presentation on the experience of using a disaster risk perception index in various countries will be followed by an online polling exercise. The group will complete the session by discussing how the risk perception index can help develop both personal stress management tactics and community resilience and risk management strategies.

## Living Courtyards

### The Rights of Invasive Plants

10:00 – 11:30

Museum of National Liberation Maribor

What edible weeds grow in Maribor's backyards? And why do we actually call certain plants weeds or invasives and we remove them and cultivate others? Can we draw parallels between our attitude to weeds and other cultures? We will walk through the courtyards, identify some edible weeds and discuss the limits of our language and thus the limits of our world with a wild snack in the Museum Park. **The workshop will be held in English and Slovenian.**

## Network-led Activities

### Pop-Up Session

10:00 – 11:30

Photo Room

**The Pop-Up Sessions serve as space for spontaneous Workshop and Community activity ideas.**

Please register your idea at the Info Desk in the Festival Zentrale. We encourage you to register early so that other participants have the chance to get informed about your planned session. Feel free to get creative!

## Network-led Activities

### **Migration & Empowerment: Innovation in Migration Policy**

12:00 – 13:30

Center for Creativity

Pieter Boeder

In this workshop, we will bring together people, organisations and communities that are showing leadership in the field to share and interact, creating a 'network of networks' in which knowledge is shared and capacity is built, focusing on 'best practice' as a non-offensive lever for agenda setting and collective action.

## Network-led Activities

### **Smooth Leadership Transitions – A Toolbox Prototyping Session**

12:00 – 13:30

Piano Room

Marischa Weiser & Andreas Knoth

Leadership Transitions are among the trickiest points in an organisation's life. Be it in a crisis move or as a carefully planned process, it is usually as hard to let go as it is to step up and virtually impossible to move into someone else's shoes. What can be most challenging is finding the right balance between continuity and a fresh start. Where such a transition is marked by a generation change the role transfer is also accompanied by a profound cultural shift that calls for reflection.

The Civil Society Toolbox comprises a set of methods and workshop flows for organisation development. The 12 modules are continuously expanded and adapted for more regions ([learn more](#)). The latest theme in development is Leadership Transition & Generation Change in Organisations.

In this workshop, we will present the work-in-progress version of the new path and try out some of its methods. In addition, we want to discuss your experiences and key challenges in leadership transitions and collect possible additions to the flow.

## Network-led Activities

### **The Bosch Alumni Network and YOU**

12:00 – 13:30

Festival Zentrale

Sarah Walther-Young

Sarah from the iac Berlin will explore with you what the Bosch Alumni Network is, how it works, ways to get involved and how the network can benefit you in your work.



### Network-led Activities

#### **Change your Story, Change your Job – Three Steps Closer to your Dream Career**

12:00 – 13:30

Cloud Room

Eszter Boros

There are as many career paths as people. If you want to make an impact on your community or the environment, you can find your way – no matter your skills and interests. In this workshop, you learn ways to reflect on where you are and where you want to go in your career. We take a look at the past and the future, and you work on tangible steps for the coming weeks.

Suitable for any age! We might reflect more on career choices close to our university years, yet this question is relevant to all ages and life stages.

### Network-led Activities

#### **Tie-Dye**

12:00 – 13:30

Festival Zentrale

Adina Constantin

Tie-dye is a term used to describe a number of resist dyeing techniques and the resulting dyed products of these processes. The process of tie-dye typically consists of folding, twisting, pleating, or crumpling fabric or a garment, before binding with string or rubber bands, followed by the application of dye or dyes.

### Network-led Activities

#### **Humans of MitOst: Stories of Resilience in Times of Uncertainty**

12:00 – 13:30

Center for Creativity

Rasha Shaaban

Are you familiar with Humans of New York stories? We are going to sit together and share personal stories about Resilience in Times of Uncertainty. How did we deal with the last two years of the pandemic? What are we seeking to change in our lives today? What do we want to keep the same? What is resilience for us? What is wrong or good about living in times of uncertainty? Join us in a storytelling session to share and listen to stories from others who might have a similar experience to yours.

## Network-led Activities

### **RAW: Relief Acting Workshop**

12:00 – 13:30

Photo Room

Alina Zevakova

Relief Acting Workshop. We will be working on transforming different emotions and experiences into game-like exercises, in order to take a small step towards self-help and taking care of ourselves. 90 minutes dedicated to your well-being and release at least a part of the burden we all, in our own ways, carry on our shoulders; to find bearable means of facing the beast at the heart of the labyrinth. Mainly it is based on Augusto Boal's techniques of the system "Theatre of The Oppressed", as well as some other sources and techniques of drama therapy.

"Dramatherapy is a 'therapy of optimism', that does not simply reach back endlessly into our individual pasts for clues to the present, but states now, in the immediacy of the present, our hopes, fears, needs, and desires, thereby weaving us a direct thread to our collective future".

**Get Connected!**

### **Community Lunch**

13:30 – 15:30

Festival Zentrale

During the Community Lunch, you have the chance to gather in an informal setting. Exchange the impressions you gained about the Festival and the Workshops you experienced while enjoying a delicious meal. Here, you can recharge your battery for the upcoming program points of the day and get excited for the program points that are about to happen next.

**Get Connected!**

### **Printing Shop Open: Go and print your bag!**

15:30 – 17:00

Printmaking Arts Centre

In the Printmaking Arts Centre, you have the chance to get creative. Create your own sustainable bag while using a crafty printing machine. Take the bag back home with you as a beautiful souvenir from the MitOst Festival.

## Network-led Activities

### **Radical Presence: Navigating Stress Responses in Social Transformation**

15:30 – 17:00

Center for Creativity

Christa Cocciole

The world has changed so profoundly in the last 2,5 years. The pandemic and current war(s) are on top of all the urgent realities we face, such as climate change, social injustices and inequalities, to name a few. It is more important than ever to learn how we as individuals can develop and strengthen our embodied capacities to be present with all that is moving within us, while connecting with others, in order to make a greater social impact. The challenges we have now and which lay ahead are too big to face alone. When we theoretically as well as physically experience how our inner and outer awareness is linked, it can become a source of transformation and connection to take collective action in the world without burning out. Let's co-create and fine-tune our inner compass in order to navigate social transformation with resilience.

## Network-led Activities

### **City Walk with IMZ – Meet Slovenias NGOs**

15:30 – 16:30

Meeting Point: Festival Zentrale

In the City Walks, engaged Slovenian NGOs will show you around the city of Maribor, present their projects and tell you about their fields of activity. In those walks, you have the chance to connect to international networks, elaborate questions and get insights into their work.

## Network-led Activities

### **Let's Stay in Touch, Central Europe – Postcards from Maribor**

15:30 – 17:00

Festival Zentrale

Marta Kanarkiewicz

Join us at the craft table in the Festival Zentrale if you feel creative and want to make postcards from Maribor! You can then send them to your friends or colleagues back home. The "Let's stay in touch, Central Europe" project is a collaboration between MitOst and Bosch Alumni Network, therefore we particularly warmly invite all Bosch Alumni Network members who would like to send postcards to colleagues based in Central Europe. However, everyone is welcome and encouraged to get their hands on the creative materials!



## Network-led Activities

### **Meet, explore, create...music!**

15:30 – 17:00

Festival Zentrale

Maja Curcic

I am a music composer and teacher, who for the last 12 years used music to promote equality, solidarity and intercultural learning. The aim of the session is to help participants of the festival get to know each other, explore and relax through the musical activities. This session is not meant for musicians, but for everyone who enjoys music and likes to sing. Through the series of playful activities, choral singing and talking, we will be engaged in intercultural and interpersonal learning.

## Network-led Activities

### **20 Lessons from the Past for Today – How to Resist Modern-Day Authoritarianism**

15:30 – 17:00

Photo Room

Fabius Wittmer

Putin, Trump, Lukashenka and Erdogan show us: Again, we are facing a real and present threat to democracy. But our one advantage is that we might learn from the past, especially from the darkest moments in 20th-century history. Thus, in the workshop, we will have a look at 20 lessons from the 20th century that the American historian Timothy Snyder has identified and adopted to the circumstances of today. They are a guide on how every single person in civil society can contribute to resisting modern-day authoritarianism. We will discuss these lessons, illustrate them with examples of our own lives, think of ways how to integrate these lessons into our and other's everyday life and how raise awareness for these lessons in civil society in general.

## Network (Re)connecting Sessions

### **MitOst Mosaic – Harvesting Session**

17:30 – 19:00

Festival Zentrale

Andreas Knoth, Linnéa Mühlenkamp, Rasha Shaaban

The MitOst Mosaic harvesting session serves as a space to share your experiences and collect your findings from the MitOst Festival. Here, the questions that arose during the MitOst Mosaic inquiry session and during the Festival will be elaborated. This harvesting session enables the development and thriving of the MitOst Community, having all the inspiration and ideas of the last Workshop days in mind.

## Living Courtyards

### **Museum for Peace Workshop**

19:00 – 20:00

Museum of National Liberation Maribor

At the workshop, you will learn about the consequences of prejudice stemming from negative cultural stereotypes and social inequalities, the self-interest of rights, which are often the product of privileged elites who, when exercising their rights, forget about "others" and along the way often violate the ethics of equality and justice. We will look for parallels with the past of the domestic environment, which has suffered the consequences of the unacceptable violation of human rights and the situational hardship of exiles (educated, priests, culturalists, ...) and will consider the problem of migration, the syntagma of the "foreigner" against its own will at the intersection of human rights and practices that constantly challenge the latter. The workshop will be held in English.

## Community Meeting

### **Reconnect with THK Community**

19:00 – 20:00

Theatercafé - Gledališka Kavarna

Do not miss the opportunity to reconnect with each other in a cosy and relaxed atmosphere. This meeting is for THK facilitators, coordinators, alumni and friends.

## Community Meeting

### **Lektorenprogramm Community Meeting**

19:00 – 20:00

Meeting Point: Festival Zentrale

The Lektorenprogramm came to an end, but the Network is alive and should live on! How? We invite you to exchange ideas with us and gather at an informal dinner.



## Living Courtyards

### **Designer Clothing Exchange by Miricota**

20:00 – 21:00

Tyrševa ulica 12

Clothing exchanges are becoming more common, and people are increasingly aware that it is better to exchange clothes than to buy new ones, thus putting an additional strain on the environment. This time, Miricota invites you to a custom-made clothing exchange: bring with you custom-made or designer unique clothes hanging somewhere in your closet, because you have either outgrown them or no longer fit your character. You can swap them for another piece of clothing. The musical base will be taken care of by Miri's neighbour, Danijel Marinič.

## Festival Staples

### **Tombola**

20:00 – 21:00

Astoria Café

Like every year, we will have a Tombola at the MitOst Festival.

The Tombola is a chance to connect with other Festival participants in a playful and informal atmosphere. To participate you need to bring a small gift and buy a lot at the Zentrale. On 24 June in the evening, we will see who gets lucky in our infamous Tombola night!

Keep an eye out for our MitOst team selling lots at the Info Desk in the Festival Zentrale. By buying many lots you increase your chances to win more gifts and also help by supporting great projects as 100% of the proceeds will go into the funding pot for the member's projects in the next year. **Please remember, to bring a small gift with you if you want to participate.**

## Get Connected!

### **Relaxed Evening Together**

21:00 – 23:00

Astoria Cafe

Spend the rest of the evening together in the cosy and informal atmosphere of the Astoria Cafe in the heart of Maribor. You can show each other your newly won Tombola gifts and enjoy conversations with other Festival participants while having a beer or a wine.



## Saturday, June 25

### Get Connected!

#### Open Community Café

09:00 – 20:00

Festival Zentrale

The Festival Zentrale marks the heart of the MitOst Festival and serves as a space for (re-)connection and creativity. The Open Community Café will take place **from Thursday to Saturday from 9:00 – 20:00** in the Zentrale and is thought to be an informal gathering space. Here, you can connect in an open setting with other participants and shape the space with your creative imagination. At the Festival Zentrale, you will have the chance to get to know other MitOst Festival participants and exchange your ideas. You can use the Open Community Café as you like: have a coffee at the Café, get creative at the craft station or leave your mark on the Community Mural.

### Network-led Activities

#### Pop-Up Session

10:00 – 11:30

Center for Creativity

**The Pop-Up Sessions serve as space for spontaneous Workshop and Community activity ideas.**

Please register your idea at the Info Desk in the Festival Zentrale. We encourage you to register early so that other participants have the chance to get informed about your planned session. Feel free to get creative!

### Living Courtyards

#### Space – Body – Breath – Voice Workshop

10:00 – 11:30

Krekova ulica 4

At the workshop you will learn about the playful approach of opening the senses, invigorating the body and relaxing the mind. With the help of breathing, movement and singing techniques, you will invite freedom into the body and give it space to spread the inner landscape broadly with each breath and to exhale the courtyards with our presence. The method in us promotes different physical, emotional and mental dynamics, which will be our internal compass for exploring all hidden corners.

You will be led by Katarina Kušar (Soma Breath respiratory techniques), singer and singing teacher Urška Gajšt and Katja Beck Kos, certified "dance alchemy teacher".



## Festival Staples

### Football Tournament

10:00 – 12:00

Meeting Point: Hotel Tabor

We carry on the old tradition – the footballs will roll yet again this year. Just as in recent years, different teams will compete for the Cup of Friendship at the Football Tournament. If you want to collect and register a Football Team, please contact [Tino Rasche](#) prior to the Festival. **Please don't forget to bring your sportswear and everything else you need for this such as water bottles and a towel.** Come and support the teams, make some noise and cheer them on!

### Network-led Activities

### Let's Talk Self-Care Strategies for Ourselves and Our Organizations

12:00 – 13:30

Cloud Room

Emily Miki

Emily will facilitate a Creative session with 20 –30 participants sitting in a Circle in a green airy area where you will have informal conversations on how we have and what we are currently doing as Self-care activities and practices for ourselves and at our different organizations. The activities shared will be mapped out and together we will co-create, propose and identify new practices and innovative ways to promote our well-being and the well-being of our organizations.

### Network-led Activities

### Gelli Printing

12:00 – 13:30

Festival Zentrale

Adina Constantin

Gelli printing known as mono-printing uses a press to transfer the colours from the plate to the paper. In this case, the plate is made of a mix of gelatine and glycerine. The plate consists of 3 ingredients: gelatine, water and glycerine. For printing, it could be used soluble engraving ink, acrylics, oil-based ink, or oil paints (but it can soften the plate). It could be used for textile colours, but it needs to be dense so that it can be spread on the plate. The same rule applies to watercolours, they can dissolve the plate.

After each printing, use wet wipes / antibacterial gel to wipe the plate, but it is not necessary if you want to create new shapes and patterns. It can also be cleaned with dishwashing detergent and lukewarm water, although it melts easily under running water.



The best part of this plate is that it could be recycled just by melting it and letting it dry in a tray again.

### Community Meeting

#### **(Re-)organizing THK Community**

12:00 – 15:00

Photo Room

**This meeting is for THK-Community members only!** In this meeting, you will get an update from the three community hosts on what happened in the last two years and we will discuss how to continue with the community in concrete.

### Get Connected!

#### **Community Lunch**

13:30 – 15:30

Festival Zentrale

During the Community Lunch, you have the chance to gather in an informal setting. Exchange the impressions you gained about the Festival and the Workshops you experienced while enjoying a delicious meal. Here, you can recharge your battery for the upcoming program points of the day and get excited for the program points that are about to happen next.

### Community Meeting

#### **Civil Society Cluster Outlook into the Future**

15:30 – 17:00

Piano Room

Civil Societies around the world are constantly occupied with burning topics, demanding them to act quickly and stay agile. During this session, we would like to together explore how the Civil Society Cluster of the Bosch Alumni Network can ensure to keep fulfilling its role as an important knowledge and practice exchange platform. Which topics should be our focus in the next months and years? How can we develop them together?

**Please join the session if you are or want to become a member of the Bosch Alumni Network Civil Society Cluster and are interested in the current global challenges.**

## Network-led Activities

### **Linocut Printing**

15:30 – 17:00

Festival Zentrale

Adina Constantin

This technique implies carving a pattern into linoleum that can be printed on paper or textiles surface. Instead of linoleum, it could be a rubber or vinyl plate. Before carving the surface, it could be used an image transfer on the plate. The printed image should be soaked in diluent so that it could be transferred. For the transferring part, there are also other options, such as using tracing paper and charcoal to get the shapes wanted by tracing the shapes from an image, and after by drawing with charcoal the other part of the sheet, and when again tracing on the linoleum, this would be transferred on the surface.

After carving the linoleum plate, the plate is inked and then printed on paper. The process can be repeated countless times, and the pattern on the board can be adjusted to create new patterns.

## Network-led Activities

### **Treasure Hunt – Diversity**

15:30 – 17:00

Festival Zentrale

Tino Rasche & Sebile Yapici

What does diversity look like in Maribor?

Grab your flyer at the Zentrale, go for a walk and talk to the people you meet, and observe the surroundings: where do you feel different cultures, and where do you experience intercultural encounters. Take pictures, notes, drawings... There will be little tasks, but no need to stress, most importantly walk with curiosity in your eyes and an open heart.

In the session, you will have the chance to present the findings of your walk and we will present a handbook that we prepared for a MitOst program on intercultural learning with teachers in China (where this treasure hunt is adapted from). There will also be time to discuss, how diversity can help a community to build resilience.

## Network-led Activities

### **City Walks with Pekarna – Meet Slovenian NGOs**

17:30 – 18:30

Meeting point: Festival Zentrale

In the City Walks, engaged Slovenian NGOs will show you around the city of Maribor, present their projects and tell you about their fields of activity. In those walks, you have the chance to connect to international networks, elaborate questions and get insights into their work.

**Get Connected!**

### **Printing Shop Open: Go and print your bag!**

17:30 – 19:00

Printmaking Arts Centre

In the Printmaking Arts Centre, you have the chance to get creative. Create your own sustainable bag while using a crafty printing machine. Take the bag back home with you as a beautiful souvenir from the MitOst Festival.

## Living Courtyards

### **How the String Saved the World – Theatre for Children**

18:00 – 19:00

Tyrševa ulica 12

The show "The String that saved the World" evokes the traditional way of telling stories with the help of string figurines. The narrative stems from rich Inuit mythology and takes children from the creation of the world to the present day. All this time, the coexistence of humans with nature is accompanied by Kalupaliki, creatures from Inuit mythology with green skin and long claws, half fish, half-human.

Kalupalikis protect nature and ensure the balance between it and man, and with their threat, they warn how dangerous it is to break that balance. Through an ancient fairy tale, the show urges viewers to be aware of the dangers posed by climate change and to think about what they can do to avoid it.

## Living Courtyards

### **Courtyard Rock'n'Roll – Ukulele Concert**

20:00 – 21:00

Krekova ulica 4

NoStress Urkestra and KUD Coda's mentors will fill our courtyards with acoustic rhythms and ukulele melodies. Equipped with your favourite poets, you will be able to draw your memories of campfires and seaside romance while singing the songs of youth.





## Living Courtyards

### **Urška Gajšt and Igor Beget, Concert**

20:00 – 21:00

Gosposka ulica 11

Urška Gajšt and Igor Beget have co-created music through various authorial projects and ensembles for more than a decade. Always devoted to current inspiration, they encroach on the variety of different musical cultures and create a natural sound conglomerate of poetry, voice and strings.

**Get Connected!**

### **Piramida Sunset Walk**

21:00 – 22:00

Meeting Point: Festival Zentrale

Enjoy a summerly and romantic walk around Maribor while watching the sunset. Spend the last evening of the Festival together with your dear friends from the MitOst Community.



## Sunday, June 26

**Get Connected!**

### **Community Breakfast**

10:00 – 11:00

Festival Zentrale

This is the last Community Breakfast of the 20th MitOst Festival. Exchange with your newly made friends and the MitOst family about the past days have a relaxed talk while enjoying breakfast and connect with the MitOst Community for the last time.

**Get Connected!**

### **Open Community Café & Departure**

10:00 – 12:00

Festival Zentrale

The Open Community Café serves as the last informal space to gather and connect before the Festival ends. The last Open Community Café closes at the 20th MitOst Festival. Say goodbye to your dear friends and Maribor and recap the Festival together.